

Go deeper with

# Consent

User guide



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**Consent is a skill that needs to be understood, practiced and developed. With our 'Go deeper with consent' video series you can help your students and staff go beyond the basics and take their relationship with consent to a deeper level.**

**Help your students and staff consider how consent is part of all of their personal and professional relationships and is a skill they can develop during their time with you.**

**The videos can be watched on Consent Collective TV or drip-fed over five days as part of an email campaign with follow-up questions and exercises.**



# Day 1: Consent. It's as simple as a global pandemic

Our first video explores the complexity of consent using the Covid-19 global pandemic as an example. During this period we all had to navigate different personal perceptions of safety through the use of distancing, face masks and vaccines.

After watching the video, we invite the viewer to go deeper with their exploration by being curious about how well they navigated consent when they met with people in person throughout the pandemic.



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**Consent. It's as simple as a global pandemic**

# Day 2: Consent. Why it's more than being a good person

On Day 2 we explore why consent is about so much more than morals. In this video we help viewers recognise that being good at consent means holding difference and power with awareness and skill.

After the video we invite the viewer to go deeper with their understanding by considering the different types of power they hold in different relationships.



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**Consent. Why it's more than being a good person**

# Day 3: Being good at consent means being good at rejection

On Day 3 we explore rejection. In the video we help viewers understand why recognising and accepting rejection is a core consent skill.

After the video, we invite the viewer to go deeper with their understanding by considering their own skills when it comes to rejecting and being rejected.



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**Being good at consent means being good at rejection**

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# Day 4: Is being good at consent a deeply political act?

On Day 4 we invite viewers to use their critical thinking skills and exercise their intellectual curiosity about how our relationship with consent is having wide and lasting impacts on issues ranging from racism, to poverty and climate change.

Our relationship with consent can tell us a lot about the societies we live in and how we treat each other and our planet which is why for day 4 we ask the question: is being good at consent a deeply political act?



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**Is being good at consent a deeply political act?**



# Day 5: Being good at consent means being good at pleasure

We close this journey into consent by exploring the relationship between consent and pleasure. In a world where we often focus on what happens when consent goes wrong we also need to consider the positive purposes of this life-skill.

Here we invite viewers to recognise that being good at consent opens the doorway to exploring pleasure in relationships. In both sexual and non-sexual ways, consent is how we get to maximise our creativity, fun and pleasure with others.



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**Being good at consent means being good at pleasure**

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# How can you use Go Deeper with Consent?

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## Create your own email campaign

This is the most powerful way to use the series. Decide which audiences to target at your institution and create your own email campaign using our videos and text. This will enable you to link into your support and reporting pathways and will provide you with data on engagement.



### Top tip

Create an email campaign for returning students helping them understand that consent is relevant for their whole time with you and not just in Year 1





# How can you use Go Deeper with Consent?

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## Support your consent workshops

These videos can bring an extra lens to your existing consent workshops by being used as pre-watch material, watched during the session or recommended as follow-up viewing to help students take their understanding further.



### Top tip

Videos are a great way to bring an expert lens to peer-led workshops allowing facilitators to avoid having to take an 'expert' role and leaving them free to fully engage in discussion.



# How can you use Go Deeper with Consent?

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## Refer to Consent Collective TV

Signpost your students and staff to Consent Collective TV and encourage them to sign up for our Go Deeper with Consent series.

Encourage student leaders to use the campaign with their societies and sports teams.



### Top tip

Remember that students and staff will need to be signed in to Consent Collective TV for any of the links to the videos to work.



# Start using this resource

- 1 Sign up for Consent Collective TV using your institution email address at [www.consentcollective.com](http://www.consentcollective.com) (Your institution will need to be subscribed with us, find out how [here](#))
- 2 Fill in the form to receive our email campaign on the TV homepage or go to Channel 4 to see the individual videos straight away.
- 3 Go to Channel 5 for tips on how to share our content with others at your institution using our links and embed codes.

# All the links you need...

Want the embed codes or video links? You can find these on [Channel 4](#).

Not sure how to use our embed codes or video links? Find out how to use them on [Channel 5](#).

Sign up to our Go deeper with consent email campaign on the [TV homepage](#). You're welcome to use the text in our emails for your own campaign.

Our email campaign landing pages

Day 1: [Consent. It's as simple as a global pandemic](#)

Day 2: [Consent. Why it's more than being a good person](#)

Day 3: [Being good at consent means being good at rejection](#)

Day 4: [Is being good at consent a deeply political act?](#)

Day 5: [Being good at consent means being good at pleasure](#)



For these links to work you need to be signed in to Consent Collective TV

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**Any questions?**

Please get in touch with Cynthia  
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